

**From:** Licensing [mailto:DSS\_LICENSING@LISTSERV.COV.VIRGINIA.GOV] **On Behalf Of** Williams, Edwina (VDSS)  
**Sent:** Monday, March 09, 2015 11:11 AM  
**To:** DSS\_Licensing  
**Subject:** Notification of Calendar of Upcoming Events in Aging  
**Importance:** High

This file is being sent to providers of assisted living facilities and adult day care centers from the Virginia Department of Social Services Email Distribution Service.

\*\*\*Please do not reply to this email.\*\*\*

Good Morning,

Please find below a resource that you may find useful. The Calendar of Upcoming Events is published weekly by the Virginia Commonwealth University Department of Gerontology and is a listing of various training/educational/caregiving resources for those working with the aging population. If this is a resource you would like to receive, please send an email to [agingstudies@vcu.edu](mailto:agingstudies@vcu.edu) and request to be added to the mailing list.

Thank you,

*Annette S. Kelley, M.S.; C.S.A.C.  
Provider Training Consultant  
Virginia Department of Social Services  
Division of Licensing Programs  
WyteStone Bldg.  
801 East Main Street  
Richmond, VA 23219  
[annette.kelley@dss.virginia.gov](mailto:annette.kelley@dss.virginia.gov)  
804-726-7632*

"Enthusiasm is the yeast that makes your hopes shine to the stars. Enthusiasm is the sparkle in your eyes, the swing in your gait, the irresistible surge of will and energy to execute your ideas."

Henry Ford

**From:** VCU Department of Gerontology [mailto:[jay@sahp-vcu.ccsend.com](mailto:jay@sahp-vcu.ccsend.com)] **On Behalf Of** VCU Department of Gerontology  
**Sent:** Friday, March 06, 2015 11:44 AM  
**To:** Kelley, Annette (VDSS)  
**Subject:** Upcoming Events in Aging throughout Virginia and Beyond!


**VCU**

School of Allied Health Professions

**AGEWell VA** News, Updates & More from the  
**Department of Gerontology**

March 6, 2015

## Calendar of Upcoming Events in Aging

### Ongoing Events

**February 11 to March 18** - (Wednesdays)-Diabetes Self Management at Denbigh Community Center, 15198 Warwick Blvd., Newport News from 10 am to 12:30 pm. To register call 757-933-2608

**February 17 to March 24** - (Tuesdays)-Diabetes Self Management at Windsor Meade, 3900 Windsor Hall Drive, Williamsburg from 10:00 am to 12:30 pm. To register call 757-220-4751 or on-line at [www.excellenceinaging.org/cdsmp](http://www.excellenceinaging.org/cdsmp)

### March 2015

**March 11** - 10:00 am -2:00 pm. Goodwin House Bailey's Crossroads 3440 S. Jefferson Street **Falls Church, VA 22041**

Modules: About Dementia, Improving Communication, Understanding Behaviors, Making Connections. Light breakfast will be served, please plan to bring your own lunch. Call Helpline to register--800-272-3900

**March 13** - The Beard Center on Aging and Home Instead Senior Care, in collaboration with the Caregiver Media Group, will be hosting The Fearless Caregiver Conference. 8:30 a.m.- 2:30 p.m. Drysdale Student Center, **Lynchburg College**. \$15 for family caregivers and \$35 for professionals. A limited number of scholarships are available. The cost of registration includes lunch and refreshments. Open to the public and reservations must be received by March 10, 2015. To register, call 434.544.8456, email [scruggs.dr@lynchburg.edu](mailto:scruggs.dr@lynchburg.edu) or [register online](#)

**March 16** - Jewish Family Services and the Weinstein JCC present Food for Thought: informational gatherings for Older Adults and their Families. Located at the Weinstein JCC **Richmond**, 12-1pm. Guest speaker Kevin Parks, President of A Helping Hand Senior Care Services presenting The Place for Me- No Wrong Choices: learn the difference between an Assisted Living Facility, Skilled Nursing Facility, Continuing Care Retirement Communities, and Home Care options. RSVP required: 804-545-8611 or [sbarck@weinsteinjcc.org](mailto:sbarck@weinsteinjcc.org).

#### FIND US ON FACEBOOK!

To get the most up to date information on Improving Eldercare Through Education,

"Like" our Facebook page



#### FOLLOW US ON TWITTER and INSTAGRAM



FOR QUESTIONS ABOUT GUIDELINES FOR CALENDAR SUBMISSIONS, PLEASE SCROLL TO THE END OF THIS DOCUMENT.

UNFORMATED CALENDAR SUBMISSIONS WILL NOT BE POSTED.

**March 18** - 3:00 pm - 4:30 pm, Spring Arbor of Salisbury, 14001 Turnberry Lane, **Midlothian** 23113; To help caregivers decipher behaviors and determine how best to respond, the Alzheimer's Association offers the Understanding and Responding to Dementia-Related Behavior program. For more information and to RSVP, please contact Jennifer Kelsey-Backus at 804/897-2727.

**March 17** - Church Ambassador Program, a free workshop to leaders of the Chesterfield faith community and laymen who work with seniors, meets 8:45 a.m.-1 p.m. The Senior Advocate and other experts will provide information about the resources or services that are available to seniors through its office, other county departments and the community. **Chesterfield** County Community Development Building, 9800 Government Center Parkway. Coffee/light refreshments will be available in the morning. Lunch will be provided. Seating is limited, and preregistration is required by calling 804-768-7878 or emailing [Leidheiserd@chesterfield.gov](mailto:Leidheiserd@chesterfield.gov).

**March 17 - 20** - The Virginia Association of Activity Professionals Annual Conference: "Activities Deliver Monumental Benefits" at the Westfields Marriott in **Chantilly, VA**. 3 day conference offers 17.5 contact hours with an additional 8 if one attends the Pre-Conference Session: "Alzheimer's Disease & Dementia Care Education" which is the necessary one day course for those who may be considering becoming a Certified Dementia Care Practitioner. If traveling from outside the Northern Virginia area, the discounted hotel rate has been extended until Friday, 2/27/17. For more information, please visit [www.VAAPONLINE.org](http://www.VAAPONLINE.org).

**March 18** - 10:00 am -2:00 pm, **Loudoun County** AAA, 20145 Ashbrook Place, Suite 170 Ashburn, VA 20147. Modules: About Dementia, Improving Communication, Understanding Behaviors, Reducing Pain. Lunch will be provided. Registration is required, please contact: Lesley Katz, MSW Aging Program Specialist 703-777-0257 or [lesley.katz@loudoun.gov](mailto:lesley.katz@loudoun.gov)

**March 18** - The RVA Better Aging Forum, 11:30-1:00 in The Virginia Room at Imperial Plaza at 1717 Bellevue Avenue, **Richmond**. Jim Doherty, a local writer, will discuss his recent book, "Finish Up Strong", in which he profiles dozens of Richmond area seniors who embody the book's title. Senior care/product/service industry professionals are invited - for more information phone 368-3200 or email [james.warns@SIL.com](mailto:james.warns@SIL.com).

**March 19** - 1:30-2:45pm, Reducing the Risk of Medication-Alcohol Interactions in Older Adults, webinar presented by Dr. Patty Slattum, Professor, Department of Pharmacy, VCU; register online: [worldeventsforum.blogspot.com](http://worldeventsforum.blogspot.com).

**March 19** - 5:30 pm-7:30 pm Join us for an evening of art, music, food and fun. Featuring art from the Innovative Senior Champions Program, Music by Jocelyn Oldham, hors d'oeuvres, champagne and art donated by featured artist of the New Town Art Gallery and residents of Colonial Heritage. Registration is \$30.00. at [CHCFonline.org](http://CHCFonline.org) or call Terry Sweaney at 757-

CONSIDER A  
GIFT TO  
SUPPORT  
STUDENT  
SCHOLARSHIPS  
IN THE  
DEPARTMENT  
OF  
GERONTOLOGY



753-3770.

**March 21** - St. Barnabas Health/Safety Fair - FREE Health/Safety Fair is available for all ages. Open to the public. In addition to organizations providing information and materials, there will be free health and hearing screenings. Call the Senior Advocate's office to schedule their free hearing screening. 9 a.m.-12 p.m. at St. Barnabas Episcopal Church, 5155 Ironbridge Road, **North Chesterfield**. Light refreshments will be provided. Morning sessions: 9:30 a.m. - Safety in the Home. 11 a.m. - County Programs and Resources for Older Adults. To register for a hearing appointment, call 804-768-7878 or email [Leidheiserd@chesterfield.gov](mailto:Leidheiserd@chesterfield.gov). Directions: [www.stbarnabasrichmond.org](http://www.stbarnabasrichmond.org)

**March 21** - 6th Annual Reasons for HOPE for Essential Tremor, VCU Larrick Student Center, 900 Turpin Street, **Richmond**. 10:15 am - 4:15 pm. Registration is \$10 per person and includes parking, lunch, and materials. Learn about current trends in Essential tremor (ET) treatment and research, and try out new skills to live well with ET. Hosted by the VCU Parkinson's and Movement Disorders Center, SouthEast PADRECC at McGuire VA Hospital, and the Richmond Essential Tremor Support Group. Open to the community. Register online here: <http://parkinsons.vcu.edu/education/events/community.html> For questions call (804) 662-5300 or [pdcenter@vcu.edu](mailto:pdcenter@vcu.edu)

**March 21** -Positive Caregiving: Connecting the Pieces of the Dementia Care Puzzle featuring Teepa Snow, MS, OTR/L, FAOTA. The workshop, sponsored by the M. E. Cox Center for Elder Day Care, will provide the confidence and competence needed to care for those living with dementia. Registration fee of \$45 includes lunch, conference materials and access to the exhibit hall. Location: Doubletree by Hilton Norfolk Airport, 1500 N. Military Hwy, **Norfolk**. Time: 8:00 am-2:30 pm. Registration is required by March 6. For information and registration please go to <http://mecoxcenter.org/caregiving-workshops.html>.

**March 26** - Chesterfield Council on Aging meets Thursday, Mar. 26, 9-10:30 a.m., at Lucy Corr Village, 6800 Lucy Corr Boulevard, **Chesterfield**. Alan Toler, OD, will talk on Aging with Visual Problems. Learn about the leading cause of eyestrain, blurred vision, double vision and headaches, and understand eye care. The mission of the Council is to enhance the quality of life for older adults and adults with disabilities through education, advocacy and community service. More information: contact the Senior Advocate:leidheiserd@chesterfield.gov or call 804-768-7878.

**March 28** - Visiting Angels, Alzheimer's Association, R.O.S. Therapy Systems and National Certification Council for Activity Professionals would like to invite you to attend the Activities for Aging Caregiver Workshop in **Williamsburg**, VA. Up to 6 CEUs offered and includes the following classes: Activities 101, Dementia: Communicating and Motivating, Dementia: Working with Behaviors, Social Assessment and Planning for Success, and Home Safety and Organization. Information,

questions, and vendor opportunities, contact Rebecca Harding at 757-599-4145 or [rharding@visitingangels.com](mailto:rharding@visitingangels.com). To register, visit [www.rosvillagestore.com/product-category/workshops/](http://www.rosvillagestore.com/product-category/workshops/)

## **April 2015**

**April 11** - SAVE THE DATE! VCU Department of Gerontology's Annual Age Virginia Awards. Join us in celebration of Gerontological Excellence. Please consider nominees for our Commonwealth, ACE and TIME Awards. For more information on awards, event sponsorship or tickets, please email [agingstudies@vcu.edu](mailto:agingstudies@vcu.edu). General Admission: \$35. Students, VCU Alumni and Elders: \$25. Special thanks to our host, Imperial Plaza, a Brookdale Senior Living Community located in **Richmond's** historic Bellevue.

**April 16** - National Healthcare Decisions Day. This nationwide grassroots event exists to inspire, educate and empower the public and providers about the importance of advance care planning. More information, free advance care planning tools, and other resources available at: [www.nhdd.org](http://www.nhdd.org)

**April 15 to April 18** - Southern Gerontological Society 36th Annual Meeting "Communities Engaging Aging: A Two Way Street" at the Doubletree by Hilton Hotel, **Williamsburg**. To register, sponsor or exhibit visit <http://www.southerngerontologicalsociety.org/meeting.html> or email: [admin@southerngerontologicalsociety.org](mailto:admin@southerngerontologicalsociety.org).

**April 20 & 21** - Building Your Skills.  
Markel Plaza Building, 4600 Cox Rd., **Innsbrook**  
8:30 am - 4:30 pm.

Registration \$50 - includes lunch both days.

Certificates of Attendance provided upon completion of training and payment .

For more information or to register, call 804-967-2580 or e-mail [ffoster@alz.org](mailto:ffoster@alz.org).

**April 20** - Jewish Family Services and the Weinstein JCC present Food for Thought: informational gatherings for Older Adults and their Families. Located at the Weinstein JCC, 12-1pm. Guest speaker Paula Peaden, Elder Law Attorney presenting A Lot Has Changed: preserving your assets with proper wills, trusts, and advance directives. RSVP required: 804-545-8611 or [sbarck@weinsteinjcc.org](mailto:sbarck@weinsteinjcc.org).

**April 21** - The Chesterfield Council on Aging and Chesterfield County Office of the Senior Advocate bring you Soup for the Caregiver's Soul - a workshop for families and caregivers. This will be held at Southminster Presbyterian Church, 7500 Hull Street in **North Chesterfield** from 9am-3pm. Keynote speaker, Rosemary Rawlins will be speaking about Life Lessons and Post Traumatic Growth. There will be various workshops for caregivers to attend, and lunch will be provided. For more information and to RSVP, contact Debbie Leidheiser at 804-768-7878

or [leidheiserd@chesterfield.gov](mailto:leidheiserd@chesterfield.gov).

**April 23** - 1:30-2:45pm, Sexuality in Long-Term Care: Ethical and Practical Issues, webinar presented by Dr. Andrew Heck, Director of Psychology, and Courtney Petley, Director of Psychosocial Rehabilitation, Piedmont Geriatric Hospital, register online: [worldeventsforum.blogspot.com](http://worldeventsforum.blogspot.com)

**April 25** - Third Annual Emswiler Interprofessional Symposium presented by Virginia Commonwealth University, **Richmond, Va.** "Changing Practice, Improving Outcomes." Meeting Objectives include: Describing the link between interprofessional education, practice and health outcomes, identifying new models for interprofessional practice and relating examples of the integration of interprofessional education and practice. For more information please visit: [go.vcu.edu/ipeconference](http://go.vcu.edu/ipeconference).

**April 25** - Circle Center Adult Care Center presents Teepa Snow: Dementia Care: Creating a Positive, Partnering Experience. 9 am - 4 pm, **University of Richmond**, Jepson Alumni Center. Tickets available: [circlecenterads.org](http://circlecenterads.org). CEU's available.

**April 29** - from 5pm-6pm at Oak Springs of Warrenton at 614 Hasting Lane, **Warrenton**, VA 20186. We will welcome Arva Priola from the disAbility Resource Center to learn about hearing loss, resources available through the Virginia Department of Deaf and Hard of Hearing, technology available to those with hearing loss, and how to maintain independence with hearing impairment. As a bonus at 6 pm, Arva will be teaching some Basic Sign Language! RSVP to Amanda

at [arosierbaker@oakspringsofwarrenton.com](mailto:arosierbaker@oakspringsofwarrenton.com). FREE & OPEN to the public!

**April 29** - Lawyers Helping Seniors Day - Legal documents, including wills, powers of attorney and advance medical directives, will be prepared free for Chesterfield eligible seniors and persons with disabilities by volunteer attorneys. 9 a.m.-3 p.m. at Winfree Memorial Baptist Church, **Midlothian**. All documents prepared on site and for individuals at 250% of the poverty level or less. Appointments are required, limited and filled on a first-come, first-served basis. To confirm eligibility and sign up, call 804-768-7878 or email [leidheiserd@chesterfield.gov](mailto:leidheiserd@chesterfield.gov).

**April 30** - 9:00 - 5:00; University Holiday Inn, Emmet Street, **Charlottesville**. 22901; Leading the Way in Dementia Care Workshop featuring film: YOU'RE LOOKING AT ME LIKE I LIVE HERE AND I DON'T ; panel discussion with director, Scott Kirchenbaum, workshop sessions with a focus on person centered care for persons with dementia. Call 1-800 0 272-3900 for information.

**April 30** - "Caregiving: It's a Brain Thing." 1:00pm-5:00pm at Colonial Heritage Community Clubhouse. Colonial Heritage Community Foundation Inc. present an educational experience with Dr. Paul Aravich Ph.D., Professor of Pathology & Anatomy, Geriatrics, and Physical Medicine and Rehabilitation, Eastern Medical School and Dr. Scott Sautter, Ph.D. FACPN Licensed Psychologist, and Board Certified

Neuropsychologist of Hampton Road Neuropsychology. Registration is \$25.00 online at [www.CHCFonline.org](http://www.CHCFonline.org). Terry Sweaney: [tsweaney@chcfonline.org](mailto:tsweaney@chcfonline.org) or 757-753-3770.

## May 2015

**May 1 - 10 - 3**, New College Institute, 191 Fayette St., **Martinsville**, VA 24112, Leading the Way in Dementia Care workshop featuring film: ALIVE INSIDE. Workshop sessions with focus on person-centered care for persons with dementia. 1-800 0 272-3900 for information.

**May 2** - Mandolay Night sponsored by St. Francis Home.

Hippodrome Theatre in Jackson Ward (528 N. 2nd Street, **RVA**)

Time: 6pm-12am. Casino tables, Vegas style dancers, fashion show, amateur boxing and live band "808". Surf & Turf dinner, Open bar for all sponsors, drink tickets and cash bar for everyone else. Call 804-231-1043 for more information or [www.mandolaynight.com](http://www.mandolaynight.com).

**May 6** - Chesterfield 16th annual Triad Senior Day, 7:30 a.m.-12:45 p.m. at Victory Tabernacle Church, 11700 Genito Road,

**Midlothian**. Seniors, family members and caregivers have the opportunity to visit with businesses, nonprofit organizations and government agencies to learn about products, resources and services available to older adults in Chesterfield and the surrounding area. Presented by Chesterfield Triad, a partnership among the Chesterfield County's Sheriff's Office, Police Department, Fire and Emergency Medical Services, Office of the Senior Advocate and members of organizations, agencies, and the community who share Triad's goals to reduce crimes against seniors and enhance the delivery of law-enforcement services. For more information or an application for vendor space, contact the Senior Advocate at [leidheiserd@chesterfield.gov](mailto:leidheiserd@chesterfield.gov) or call 804-768-7878.

**May 8** - 1:30-2:45pm, Assessing Risk and Managing Behaviors in Persons with Dementia, webinar presented by Beth Ulrich, Senior Psychiatric Program, and Cindy Mann, Unit Manager, Centra Virginia Baptist Hospital, register online: [worldeventsforum.blogspot.com](http://worldeventsforum.blogspot.com)

**May 11** - Jewish Family Services and the Weinstein JCC present Food for Thought: informational gatherings for Older Adults and their Families. Located at the Weinstein JCC, 12-1pm. Guest speaker Jan Singletary Thomas, Volunteer with American Heart Association presenting What My Body is Telling Me: stroke causes, warning signs, and post care. RSVP: 804-545-8611 or [sbarck@weinsteinjcc.org](mailto:sbarck@weinsteinjcc.org).

**May 27-29** - The Virginia Coalition for the Prevention of Elder Abuse (VCPEA) will hold its 21st annual conference at the **Virginia Beach** Resort & Conference Center. Scholarships, made possible in part by Geriatric Training and Education funds administered by the Virginia Center on Aging at VCU, are available for first-time attendees and those who have not attended in five years. Nominations are also being accepted for the bi-annual Helen J. Napps Award. For information, go to

[www.vcpea.org](http://www.vcpea.org). Registration deadline is May 15.

**May 28** - "Bon Secours Richmond 2015 Successful Aging Forum." Spend an exciting day with the legendary Mary Wilson (one of the original Supremes) as she headlines the Bon Secours 2015 Successful Aging Forum. Enjoy a 3-course lunch, exhibitors, our popular experts panel, door prizes, and the fabulous Mary Wilson at this year's event. West End Assembly of God, 401 N. Parham Road, **Richmond**, VA 23229, from 9 am - 3 pm. Cost \$30 (includes lunch). Call 1 (888) 490-9355 or go to <http://www.bsvaf.org/successfulagingforum> for more information and to register. (Registration in advance only).

## **June 2015**

June 11 - 9-5, Festival Conference & Student Center; 1301 Carrier Drive, **Harrisonburg**, VA 22807, Leading the Way in Dementia Care, featuring Dr. Lyketos of Johns Hopkins University. Workshop sessions with a focus on person centered care for persons with dementia. Call 1-800-272-3900 for information.

----

**If you would like your event to be considered for the Department of Gerontology's events calendar, please submit to [agingstudies@vcu.edu](mailto:agingstudies@vcu.edu). Please make sure information is submitted as you would like it to appear and is consistent with the calendar format. The Department of Gerontology reserves the right to select events based on space availability, congruence with our mission and evidence-based content that supports positive, optimal aging and empowers elders, caregivers and aging services providers.**

### **[Forward email](#)**



This email was sent to [annette.kelley@dss.virginia.gov](mailto:annette.kelley@dss.virginia.gov) by [agingstudies@vcu.edu](mailto:agingstudies@vcu.edu) | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



VCU Gerontology | 730 East Broad Street | Richmond | VA | 23298-0228